

COOL DEAL CHECKLIST

EQUIPMENT:

- __ Backpack (check w/Scott for fit/capacity)
- __ Sleeping Bag (mummy w/hood; less than 4lb)
- __ Ensolite Pad
- __ Ground Cover (no larger than 5'x7')
- __ Sierra Cups (2)
- __ Tablespoon (2)
- __ Water Bottle (wide mouth; 1qt. minimum)
- __ Hydration Bladder*
- __ Headlamp
- __ Spare Batteries (Bulbs)
- __ Ziplock Bags (3-6 heavy duty/freezer)
- __ LARGE Trash Bag Black (2)

CLOTHING:

- __ Hiking Boots/Shoes*
- __ Running Shoes (quick dry) NO SANDALS/CROCS!
- __ Outer Socks (2) [1 to wear; 1 to pack]
- __ Inner Socks (2) [1 to wear; 1 to pack]*
- __ T-shirt (2) [1 to wear; 1 to pack]
- __ Shorts (2) [1 to wear; 1 to pack]
- __ Long Pants/Sweats (1)
- __ Underwear (2) [1 to wear; 1 to pack]
- __ Sweat/Thermal Shirt (1)
- __ Jacket/Vest
- __ Rain Poncho
- __ Wool Cap/Beanie
- __ Hat*
- __ Gloves*
- __ Bandana

PERSONAL & TOILET:

- __ Toothbrush & paste (travel size)
- __ Towel (med.; quick dry)
- __ WHITE Toilet Paper
- __ Used TP Ziplock
- __ Trowel (plastic/light weight aluminum)
- __ Insect Repellent (min 90% DEET; 4oz max)
- __ Sunscreen (travel size)
- __ Deodorant (solid; travel size)

FIRST AID:

- __ Moleskin PLUS (Dr. Scholl's)
- __ Pain Reliever
- __ Lip Protection with SPF
- __ Band-Aids

MISCELLANEOUS:

- __ Sunglasses
- __ Mosquito Hood
- __ Duct Tape (**small** amount)
- __ Needle & Thread*
- __ Deck of Cards*
- __ Notepad & Pen*
- __ Book or Magazine*

CAMERA*:

- __ Small Camera*
- __ Extra Batteries*
- __ Know how it works!

FISHING*:

- __ Rod & Reel*
- __ Line & Leader*
- __ Lures & Hooks (barbless)*
- __ Bait*
- __ Sinkers*
- __ Pliers*

FOR THE BUS:

- __ Day Pack
- __ Change of Clothes
- __ Baby Wipes
- __ Game or Book
- __ Lunch/Snacks
- __ Money

TRAIL SNACKS

- __ See Lunch Food List (May Meeting #2)

*ALL ITEMS W/ ASTERIC ARE OPTIONAL